

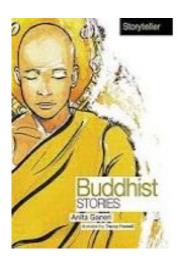


## Religious Education

## **Buddhism**

To understand what Buddhists believe.

Big Question: What do Buddhists believe?



In this unit, the children will:

Know that the Buddhist symbols are a lotus flower and a prayer wheel

Understand that Buddhists follow the noble eight-fold path and try to show the qualities of

the Buddha in their own lives

Buddhists aspire to fearlessness, contentment, kindness, meditation

Children will understand that Buddhist believe in 4 noble truths:

Four Noble Truths:

· Being greedy and wanting things can't make you happy;

· You can be content without having everything you want;

· You have to learn this through practice; and

• Peace of mind comes when you are content with having just enough - not too much, not too little.

Key facts/figures	
Prince Siddharthur	The founder of Buddhism
Buddha	Is the holiest type of being for people of the Buddhist faith. It means 'enlightened one.'

Key vocabulary/Tier 3	
Noble	Having or showing fine personal qualities.
Buddhist	A person who follows the religion of Buddhism.
Buddharupa	Is the Sanskrit term used to describe statues or models of beings
	that have achieved Buddhahood.
enlightenment	
Karma	Good or back luck that comes as a result of a person's own
	actions.
Moral	Having principles of right and wrong behaviour.
Pilgrimage	A journey to an unknown or foreign place that a person takes to
	learn more about; themselves, others, nature or religion.
Samsara	The eternal cycle of re-birth
Dukkha	Means to suffer