

# Newsletter 27

Friday 3rd May 2024

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## Healthy Lifestyles

In my assembly on Monday we were thinking about all those things that help to make us healthy. After much discussion, we all agreed that we know exactly what choices we should be making to enhance our health and wellbeing but that we don't always find it easy to make those choices. When faced with the option of going for a run or spending an hour gaming with friends, everyone knew what they should choose to do but accepted going for a run was the harder activity! So the theme for our Healthy Lifestyles Week celebrations has been 'Getting Active'. Thankfully, the fine weather has allowed us to get outside and enjoy running and moving in the fresh air. Mrs O'Rourke had planned a whole series of challenges to get us all up and moving. The first challenge of the week was to count our active minutes, not including our 2 weekly PE lessons. The second challenge was to make sure we were drinking lots of water and to think about healthy snacks by making our own fruit smoothies and porridge with healthy toppings—delicious. I think we all agree it has been a great week and we are all feeling much healthier.

With very best wishes MRS Howell.

## Cambourne Tennis Festival

A big well done to the children in Year 3 and Year 4 who took part in the tennis festival organised by the Cambourne Tennis Club. The children told me that it was great fun and they learned lots of new skills but it was also 'very energetic and a bit exhausting'.



### Map Skills!

We have all become so reliant on our Sat Navs when undertaking a journey, we have forgotten how to use a map! These are still very important skills to have should our technology fail us, as it can often do in those situations when we need it the most. Year 2 have gone back to basics this week and have been learning how to read and use a map. Following on from their work in the classroom, they ventured out into Cambourne to see if they could navigate their way to the nature reserve to look at some micro-habitats. An excellent demonstration of cross-curricular learning and using important life skills.



## Sentence starters

Ask your Reception child to tell you about their fruit smoothies and the importance of having '5 a day'.

Ask your Year 1 child to sing the seasons of the year song for you.

Ask your Year 2 child to tell you what it was like to follow a map to the nature reserve.

Ask your Year 3 child to count any loose change you have and give you the value.

Ask your Year 4 child to tell you the smallest value they can make with 5 coins.

Ask your Year 5 child to explain the difference between weight and mass.

Ask your Year 6 child to describe ways in which they might respond in different bullying situations.

### Team Afternoon

Healthy Lifestyles Week also coincided with our termly Team Afternoon. Once again, Mrs O'Rourke had an amazing timetable of activities to get us all up and moving to make sure we were building on our active minutes. Everyone loved working with the other members of their house from Reception to Year 6.



## FORTHCOMING DATES Summer Term 2024

- 6th May—Bank Holiday
- 6th May—Parent/Carer Questionnaires close at midnight
- 10th May—Lacerta Class assembly
- 13th to 16th May—End of KS2 SATS for Year 6
- 14th May—Reception Come and Share
- 16th May—Vision Screening for Reception children
- 20th to 24th May—PGL week for Year 6
- 20th to 24th May—Walk To School Week
- 21st May—Reception singing performance at 9.30am
- 22nd May—Reception singing performance at 2pm
- 24th May—Break up for Half Term
- 27th to 31st May—Half term holiday
- 3rd June—INSET Day (school closed to children)
- 4th June—Children return to school
- 14th June—Class photographs
- 19th June—Reception and KS1 Sports Day
- 26th June—KS2 Sports Day
- 27th June—Reserve KS2 Sports Day
- 28th June—Year 4 Residential Trip to Burwell House
- 3rd July—Key Stage 2 Wellbeing Wednesday
- 5th July—Aquila Class Assembly
- 10th July—Reception summer celebration
- 18th July—Year 6 Leavers' Assembly

### Headteacher Parent Drop Ins

Do you have something you would like to talk to Mrs Howell about? If so, why not come along to one of the Headteacher's Drop In sessions this term. Mrs Howell will be offering parent drop ins for anyone who wishes to discuss any aspect of school life throughout the Summer term. The dates can be found below, but please remember that these are offered on a first come, first served basis and you may therefore have to wait.

- |                        |                         |
|------------------------|-------------------------|
| 23rd May 9.00—10.00 am | 18th June 9.30—9.30 am  |
| 7th June 2.00—3.00 pm  | 4th July - 3.00—4.00 pm |



For general queries regarding the Care and Learning Centre, please contact the school office by e-mail on: [clcoffice@monkfieldpark.cambs.sch.uk](mailto:clcoffice@monkfieldpark.cambs.sch.uk) or by telephoning 01954 273377.

To speak with a member of the Care and Learning Centre staff please telephone 01954 273301

### Growing Caterpillars!

The children have loved watching our caterpillars wriggle around and grow in size this week, thinking of words such as 'spiky' and 'hairy' to describe them. Watch this space next week to see if the caterpillars have formed their cocoons...

The children in the Rabbit Group have been using some of the new vocabulary we have learnt in our music sessions this week too. They used wooden claves to tap out the rhythm of different words such as, 'egg', 'co-coon' and 'me-ta-mor-pho-sis', working out how many beats they needed to tap the rhythm of each word.

We have also enjoyed reading another classic Eric Carle story, 'The Very Busy Spider'. I wonder if any of the children can remember the refrain from that story?

There is a film of the story you can watch on YouTube if you would like to share it with your child.



We hope you all enjoy the Bank Holiday weekend and let's hope the sun continues to shine! See you back on Tuesday 7th May.

Best wishes

*JANE TURNER*